



# Skin health Education

## HEALTH WORKSHOP *adults, children*

- **Take care of my skin and calm my itching**.....10€

This workshop offers detailed advices about hydrating and moisturising your skin. What should you do when your skin is itchy? This Workshop offers tips and techniques for coping with itchy skin...

- **Emollients application (children)**...  .....10€

Turn a constraint into a game and have a special moment between parent and child to better accept the treatment.

- **Creation of the anti-scratch box (children)**.....10€

By creating ones own anti-scratch box, the child appropriates alternatives to scratching so that effort to stop scratching becomes a game.

- **Medical make-up group** .....20€
- **Medical make-up individual**.....40€

This technique of corrective make-up, for women and men, helps you to cover and correct skin imperfections on the face or body.

*Accessible on registration subject to availability of places.*

## LECTURES

**FREE ACCESS**

- Atopic dermatitis
- Psoriasis

Detailed conference on atopic dermatitis or psoriasis, conducted regularly by a dermatologist. This workshop will help you better understand your skin condition

## WELNESS ACTIVITIES Adult

- Soft gym .....10€
- Energizing gym.....10€
- Initiation to Nordic walking....10€

For inscriptions and more information you can contact us :



+33 (0).67.23.37.54



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